

MINT CHUTNEY



This is traditional chutney blended with a variety of chillies and spices. It can be accompanied with any type of bread - lightly toasted and buttered, and/or combined with a pate for extra flavours.

INGREDIENTS

- 1 packed cup of mint leaves
- 2 fresh green chillies
- 2 tablespoons water
- Pinch of salt
- 6 spring onions
- 2 teaspoons sugar
- 1 teaspoon garam masala
- 1/3 cup lemon juice
- 1 clove garlic

METHOD

Process all ingredients together until a smooth paste forms.

Spoon into a small dish and refrigerate until required.
